

**Parenting Discussion Group Article & Questions
For Parents of Children 7 -12 yrs
Topic: Self Discipline**

Article: Learning self-discipline is the key to lifelong success, Perspective Magazine,
By Thomas Lickona

Please read the attached article and then answer the following questions.

The Parenting Discussion group should not run for longer than an hour.

If you have any feedback about this topic or the questions used, please forward your
comments to elisabeth@familyeducation.org.au

How to Manage the Small Group

- select a leader for the session
- know the time limit and organise time accordingly. Leave time for summing up at the end.
- try to include everyone without letting someone dominate
- don't let people talk too much about their own children.
- avoid unnecessary digressions. This can be done by refocusing the group's attention back on the question and using questions like:
 - "What does everyone else think?"
 - "Does everyone agree?"
 - "What about.....?" or
 - "Do you think....?"

Questions:

Q1) With the following twelve headings mentioned in the article, list some ways you can:

1. Teach the meaning of love.
2. Teach the meaning of chastity.
3. Help young people develop a vision of marriage and a future orientation.
4. Teach the rewards of waiting.
5. Teach the emotional dangers of premarital sex.
6. Develop the ethical reasoning needed to answer the question, "What if I use protection - doesn't that make sex responsible?"
7. Examine the consequences of cohabiting.
8. Address the question, How far is too far?
9. Teach media literacy.
10. Develop religious literacy.
11. Develop an understanding of universal moral principles.
12. Teach the skills of ethical decision making.

Q2) What ways can we provide opportunity's for self-study in the home?

Q3) Discuss ways that we can create a "culture of character".